

ABSTRACT

There is provided an information display method and an information display apparatus which detect a motion of a video signal on a display screen on which OSD is displayed, or on a display position of OSD, and changes the state of the OSD or the display screen when there is a motion, whereby the user can view an image with a motion without missing it.

A state change amount detector (103) obtains the state change amount in the image displayed on the display screen, and an OSD display state changing unit (107) controls the OSD or the display screen when a state change amount judgement unit (104) judges that the state change amount is larger than a predetermined value, whereby overlapping between the image with a motion and the OSD can be prevented.